



The **Ultimate** Sleeping Experience on a Yacht

More and more people are 'waking up' to understand the scientifically proven importance and reasons for sleep.

It is the most important thing known to humankind and now even considered more vital than water. We must have sleep and we need it for a good reason. It is commonly now thought the reason we sleep is to dream, and it is the process of dreaming that allows our brains to go to work 'fixing' our bodies, cleansing our brain of toxins and waste, reducing stress, and importantly affording our immune system maximum energy or 'battery power' to clean up, re-energise and literally fix ourselves.

Whether it is illness, fatigue, stress or damaged cells, it all needs attending to, servicing and fixing, and it is when we are asleep that this all takes place best. Sleep is vital and we need a minimum amount of it every 24 hours. Good quality sleep is therefore equally vital and especially so on a yacht.

It is a known fact that Cats sleep a great deal more than humans. This is for various reasons but fundamentally cats are predators and hunt for survival. They sleep to conserve and store maximum energy for hunting and to heal and repair cell damage from injury.

Boating also requires a lot of energy. The older we get the more we notice fatigue at the end of the day, especially when we have been exposed to the sun for long periods which causes skin cell damage. Ever wondered why you feel so tired having only laid around in the sun all day? Add in the exertion of boating and we often feel totally done-in at the end of the day.

There are no two ways about it, an active day out on a boat can be extremely exhausting, and our bodies need to re-energise. Boats are constantly moving, even on anchor, and as such our bodies and muscles are forever in action compensating for movement, as little as it may be or seem. Add in activities such as swimming and handling tenders, ropes and other equipment on board, and we soon realise that whilst it is indeed great exercise, our energy levels become vastly depleted very quickly. This means a requirement for sleep. Good quality sleep and enough of it.

This is why Ekokat take sleep extremely seriously. We have created what we believe to be the world's greatest sleeping experience on board a yacht. We are only able to do this as all of our bedrooms are located safely at main-deck level and because they are large enough to accommodate this remarkable and latest technology equipment.

What is SleepKat?

It is an ingenious and exquisite piece of furniture that in the daytime offers an expansive, luxurious and cinema style sofa experience with many cushions and throws to disguise there is a bed inside, and at night time reveals an fully incorporated single, double, or king size, high-tech mattress and bed system. But rest assured, this is no ordinary mattress or bed.

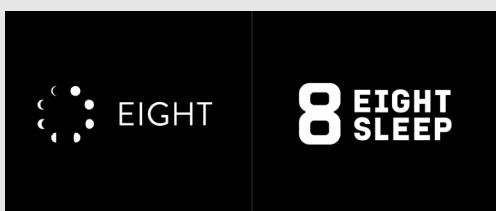
Main Salon by day



Master full beam suite by day



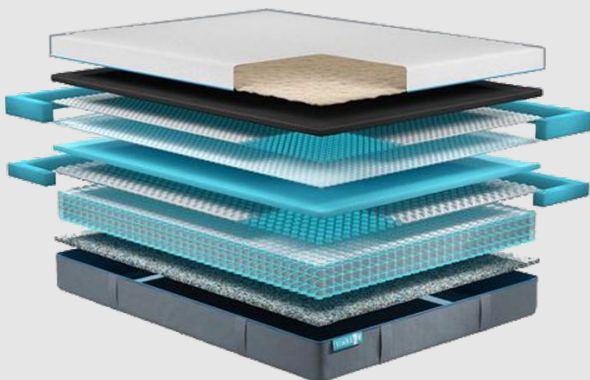
By night. Mirror walls up and SleepKat bed mode,



Ekokat partner with globally renowned **Simba** and feature their top of the range Hybrid Ultra mattress. With 11 layers of remarkable natural materials and most advanced signature tech, the Simba Ultra offers 7300 springs, Simbatex foam technology and fusion control. PureLift is a fusion of elastic latex and breathable coconut fibres, famous for their properties of resistance and bounce. This unique blend creates an incredible spring-like layer with superb airflow and pressure distribution, designed to adapt to your body shape to provide exceptional and complete support. [Read More Here](#)



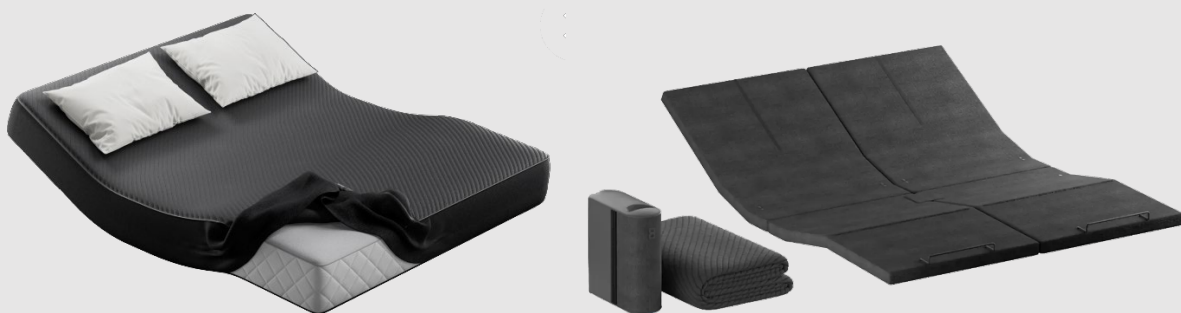
Simba is the most five-star rated mattress brand in the world and the unique Hybrid mattress technology is designed to feel perfectly comfortable to everyone, no matter their shape or sleeping style.



If this wasn't enough, we also partner with **Eight Sleep** and feature their revolutionary sleep Pod which creates the ultimate environment for deep, restorative sleep. The top-of-the-range Ultra Pod features a high-tech layer that wraps around the Simba mattress, similar to a fitted sheet. It facilitates automatic heating and cooling of the pod, integrating health sensors that track your heart and breathing rates while you sleep. Then the App or 'hand-tap' controls electrically adjustable the base offering custom positions for reading, relaxing and sleeping and is clinically proven to reduce snoring by up to 45%. It even does this while you are asleep by adjusting the angle of the bed.



The Hub is the central system of the Pod that holds the water for cooling and heating and also the connectivity to the App. It enables Autopilot to take actions real-time during the night while you sleep. A gentle vibration and temperature change over 5 minutes brings you into the perfect natural awake state at the time you choose. [Read More Here](#)



Eight Sleep works with algorithms that improve your sleep by analysing your health and sleep metrics in real-time, and together with Simba technology make this the most technically advanced sleeping experience in the world. After an energetic or relaxing day aboard your yacht there could not be a better or more highly desirable sleeping experience

EkoKat is the only yacht brand in the world to offer this spectacular sleeping experience... and it is standard equipment on board because we consider it so important.



The SleepKat bed make up from cinema sofa day mode to full luxury bed mode in minutes

Cinema sofa mode



Remove blankets and cushions



Remove cover in minutes



Reveals Eight Sleep and Simba mattress system



Shown without bed sheets for system demonstration purposes

Voice activated electrically operated bed angle tilting



Add bedding/pillows from storage drawers



The perfect and best sleeping experience In horizontal sleep mode



Main deck level with panoramic views and instant access to the outside



Luxury day-time relaxation for the entire family

